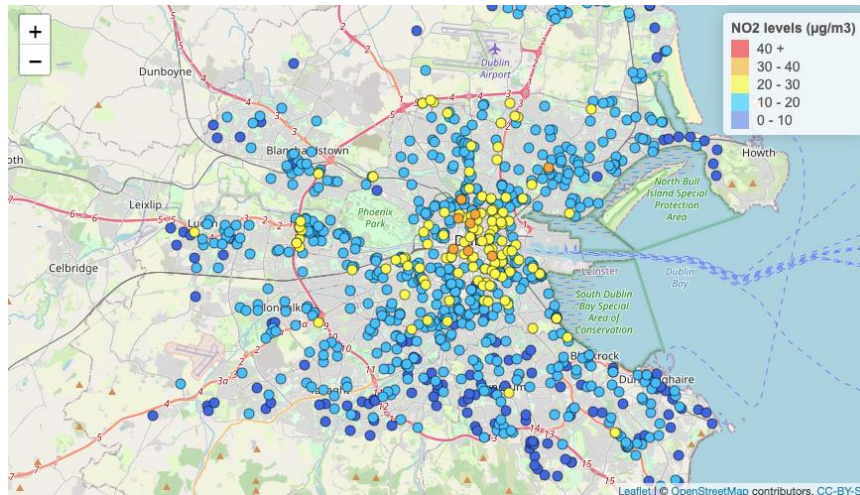# Understanding Your Results

Your result is an indication of the level of NO_2 measured at your property over a 4-week period in October/November 2021. NO_2 levels can vary considerably over the year with changing traffic volumes and weather conditions. Therefore, it is best to view your results as a "snapshot", representative of the NO_2 levels near your property during that month and not a definitive measurement of NO_2.
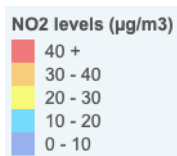
For this reason, the result cannot be compared directly with the EU Air Quality Directive's NO_2 annual average limit of 40 µg/m^3 or the recently updated World Health Organisation's recommendation that NO_2 levels do not exceed an average of 10 µg/m^3 annually. However, the recommended values in these guidelines can be kept in mind as indicators as to where your result lies.

Let's remember that **the lower the level of NO_2, the better for everyone's health**. Fortunately, there are **many ongoing initiatives** in place to improve air quality in Dublin and there are actions you can take to help too!

What is being done and what can be done to reduce NO_2?

The four Dublin Local Authorities, the EPA, and the government have adopted several policy measures including the Climate Action Plan (2021), Dublin's Air Quality Action Plan (2022), and the New National Investment Framework for Transport in Ireland (2021) which all comprise actions that will help reduce levels of NO_2 across the country.

These actions include:
- Building more and safer cycle lanes and footpaths
- Investing in clean public transport, and exploring low emission zones.
- Plans to implement more examples of the 15-minute city development concept[1].

YOU can make an immediate difference by:
- Thinking twice before taking the car. One less car journey a day or week can make a big difference!
- Using public transport more often and walking or cycling when possible.
- Supporting Local Authority efforts to build more cycle lanes and low-emission zones.

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[1] A 15-minute city/neighbourhood is a neighbourhood in which you can access all of your most basic, day-to-day needs within a 15-minute walk of your home. It is also sometimes called a complete neighbourhood.

These are little steps, but together, our actions can have a big impact!

You can learn more about the Clean Air Together results, ongoing efforts to reduce air emissions, and **see the whole city map at www.cleanairtogether.ie**

For more information on other air pollutants see www.airquality.ie.

Don't forget to attend the **public information webinar on March 10th. Register [here](#).**

Thank you for participating in Clean Air Together – it couldn't have been done without you!

Together, we can make a difference.